**Being Reflective: Learning to find rest for your soul**

One of the qualities that we seek to develop in the students at Navigator College is the ability to be *reflective*; to step back from the work or learning experience they have been doing and evaluate it and identify what we can learn from it.

For many of us, life is very intense, moves at a fast pace and is becoming increasingly challenging to balance work, children, faith, family, relationships and time for ourselves. We can be so focused on the challenges of today that we fail to step back and gain some perspective in what we are doing, how we are doing it and what we can learn from it.

This year I have decided to ask myself these two simple questions to help me gain perspective on life and learn from the short journey we have here on earth.

1. **How is my attitude? What atmosphere do I carry into my daily situations?**
   - Consider the *positive or negative nature of your actions and words* when you walk into your workplace, your home, around your friends or your church.
   - Do the things that come out of our mouth *inspire hope* in those around us, or *extinguish* any hope or vision they previously had?

2. **What is God teaching me?**
   - God teaches in many ways; through the Bible, through your pastor or small group, but never underestimate what He is teaching you through the people around you and the circumstances or challenges you are facing today. I believe God desires to teach us through all life’s experiences, the most joyful to the most devastating.

   Matthew 11:29 Jesus says, “*Let me teach you, because I am humble and gentle at heart, and you will find rest for your souls.*”

Jesus is talking to those who are feeling weary and burdened. He is speaking to many of us with busy jobs, children, church commitments, sporting commitments and *He promises us that if we let him, he will teach us* ....

   - How much He loves us
   - How to love others
   - How to manage our time
   - How to do relationships
   - How to carry joy, energy and hope always

In the midst of the challenges of daily life... Jesus Promises that *we will find rest for our souls. What an awesome promise!* So ... Do you want rest for your soul?

*What is God teaching you today?*

Submitted by:  **Andrew Jericho**
FROM THE PRINCIPAL.......

Happy National Lutheran Schools Week! This great week is a special time where we acknowledge the greatness of our Lutheran school connectedness and appreciate that we are part of a larger educational sector that works together under Christ's banner.

It was wonderful to be witness to the Year One Celebration of Learning on Tuesday morning. This is a time, specifically set aside for the parents to engage in the classroom with their children to discover all the learning that has been happening in class. With almost one hundred percent attendance it was a true joy to see the students actively engaging with their parents, teaching them Maths activities, showing off their sporting and music prowess and sharing many highlights within the classroom. Congratulations to the students for an amazing job well done and to their teachers, Tania Masters and Pam Treasure on an incredibly active and engaging classroom.

God bless,

Kaye

NATIONAL LUTHERAN SCHOOLS WEEK

This week is National Lutheran Schools Week. This week gives Lutheran schools across the country the opportunity to be united by a central theme which then drives the devotions and Chapel services for the week. This year the theme for NLSW is humility. In humility, as Jesus’ teachings show, juxtapositions abound: true greatness/lowliness, first/last, exaltedness/selflessness, power/weakness, the greatest/like a slave, leadership/service, up/down, forward/reverse. These ideas will be explored by various classes throughout the school as we learn about the humility which Jesus modelled for us in the Bible.

As well as exploring the theme of humility, the students throughout the school will also have the opportunity this week to learn a little bit more about the Lutheran school family which we are a part of. We are one of 86 Lutheran schools around the country, 33 of which are in our state of South Australia. You are welcome to come into the library this week and find out more about the Lutheran schools around Australia from the displays which have been specially presented for the occasion.

NLSW wraps up on Friday with a really special event for Mrs Leonard's Year 4/5 class and Mr Miegel’s Year 6 Christian Studies class. They will be involved in a Skype chat with students from Tatachilla Lutheran College in McLaren Vale. Our students will not only have the opportunity to show and share the work they have carried out during the week based on the theme of humility but also to find out a bit about another school in the Lutheran education system.

If you would like any more information about National Lutheran Schools Week or Lutheran Education specifically you can access all you need to know on this website: www.lutheran.edu.au

Bible Verse for the week:

Luke 14:11 - “For everyone who exalts himself will be humbled, and he who humbles himself will be exalted.”

Sarah Hodgson, Christian Studies Co-ordinator

MIDDLE SCHOOL AND SENIOR SCHOOL INTERVIEWS

I would like to thank all parents who have made an effort to make contact with their child’s teacher. We find this an important aspect of the reporting cycle as it gives a first hand account of a child’s progress and behaviour. Interviews are set at the beginning of Term 2 to allow corrective guidance for a student to improve, if necessary, or as a time to give praise to students who have completed Term One to the best of their ability.

You would have noticed, on the front page of your child’s Report, there is a note if an interview is required by any of your child’s teachers. Once identified, it is the responsibility of the parent to make appointments on the most convenient day of this week and relay that information through the student to the teacher. If, for some reason you missed this process please contact the teacher to arrange an interview at a time conducive to both parties. In this way both lines of communication remain open.

Stuart Cox, Head of Senior School

INTERNATIONAL BACCALAUREATE (IB) UPDATE

An integral part of the Primary Years Program (PYP) is the development of “The Attitudes”. The PYP recognizes that whilst knowledge, skills and concepts are an essential element of a learner, they do not make an internationally minded person. “It is vital that there is also a focus on the development of personal attitudes towards people, towards the environment and towards learning.” (Making the PYP happen). A PYP school develops attitude in its learners, attitudes of a positive kind, and attitudes that will assist students to be effective global citizens. This week we look at 3 of the 12 PYP Attitudes.

<table>
<thead>
<tr>
<th>PYP Attitude</th>
<th>Description</th>
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<tbody>
<tr>
<td>Appreciation</td>
<td>Appreciating the wonder and beauty of the world and it’s people.</td>
</tr>
<tr>
<td>Commitment</td>
<td>Being committed to their own learning, persevering and showing self-discipline and responsibility.</td>
</tr>
<tr>
<td>Confidence</td>
<td>Feeling confident in their ability as learners, having the courage to take risks, applying what they have learned and making appropriate decisions and choices.</td>
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As you interact with your child this week look for opportunities to foster and develop learners with attitude.
AUSTRALIAN EARLY DEVELOPMENT INDEX (AEDI)
Navigator College is taking part in a national collection of data on young children’s development. It is called the Australian Early Development Index (AEDI). The AEDI is an Australian Government initiative which provides information about how populations of Australian children are developing by the time they reach school. A letter has been sent home to the parents of all Reception students with information about the AEDI and how it will take place at Navigator College. Please read this carefully and contact the school if you have any questions.

If you do not want the information about your child to be collected, please contact the school. 

Steve Jude, Head of Junior School

CHRISTIAN STUDIES

Last term in Christian Studies, the Year 8 students completed a unit on Service. As a result of this, I would like to have the students participate in different acts of service throughout the year.

As a class, we have decided to organise a blanket/jumper/jacket drive.

Each year, many residents of Port Lincoln find themselves experiencing hardship. One area that our class feels we can help with, is to donate items of warm clothing or blankets/quilts that are surplus to our needs. All items donated will go to families/individuals identified by Pastor Ben and Mr Thiel (School Chaplain). After this, we will be taking them to Saint Vinnies for them to use in their Welfare program. The blankets and quilts are distributed to those in need after a welfare assessment. If clothing is required, the recipient is given a voucher to use within their shop - to find articles of clothing that fit and meet their needs. If the clothing you donate is purchased by someone else in the community, the proceeds from the sale go to providing food or accommodation for those in need.

If you have any articles surplus to your requirements and wish to participate in this drive, please send them along to school in Week 5 on Wednesday. Items will be gathered after chapel.

Year 8A thank you in anticipation of your support.

Mark 10:45 “For even the Son of Man did not come to be served, but to serve, and to give His life as a ransom for many.”

Mel Bartel, Teacher & 8A Students

NATIONAL YEAR OF READING 2012

As part of the National Year of Reading Celebrations Navigator College will participate in National Simultaneous Story Time 2012. On Wednesday 23 May 2012 Navigator College will join schools from Broome to Hobart, reading the picture book The Very Cranky Bear to more than 170,000 children across Australia. Students from Reception to Year 3 will be reading “The Very Cranky Bear” on a class set of interactive IPads Navigator College acquired at the beginning of the year.

Now in its twelfth successful year, National Simultaneous Storytime 2012, aims to celebrate and acknowledge the vital work being done in libraries, schools and communities around Australia to develop young people’s literacy and numeracy skills. The Very Cranky Bear is written by Nick Bland and published by Scholastic Australia.

For more information on National Simultaneous Storytime around Australia ask your Navigator College library staff or visit www.alia.org.au/nss/

LIBRARY COFFEE MORNING

When: Next Wednesday 16th May
Time: 9.30am - 12.00noon

Next week after Chapel, the Library will be having a coffee morning. Come and join us for morning tea, meet other parents/carers and at the same time help out the Library. We will be covering and repairing books, searching for titles for our up and coming Book Fair, stamping, cataloguing, applying stickers, etc., so there is bound to be a task with which you will feel comfortable. We look forward to seeing you next Wednesday and appreciate any time you may be able to give.

Annette Mesecke & Uta McQuillan

THANK YOU
To the lady who helped one of our Year 8 students, Riley on Thursday last week, when he was walking home pushing his bike, his Mum Narelle, would like to thank you. Please call the office as Narelle would like to contact you.

CHICKEN POX

There has been a case of Chicken Pox recently detected in the School. Parents are advised to be aware of any symptoms their child/ren may have in regard to this illness. Thank you.

Julia Thiele, Administration

COMMUNITY NOTICES

Marauders Hockey Club
Male Hockey players needed to play Under 15’s and Under 18’s. Also men are needed to play B Grade. Training 6.00 – 7.00pm Mondays and games are Friday nights or Saturdays. Please contact Danny Sherry on 0427834021.

Kirton Point Children’s Centre
Our Children, Our Future – Community Forum to be held on Thursday 31st May 2012, from 9.00am – 3.00pm at the Ravendale Community Sports Complex. Morning tea and lunch provided. Please RSVP by 5.00pm Friday, 25th May to: Sonia Regan, telephone 86825969 or email sonia.regan2@sa.gov.au

Zumba 4 Kids
Beginning Monday 7th of May at 4.00pm for 1 hour. Classes run for 7 weeks for ages 8 years and older. Telephone Maisha Fitness on 86822644 to register your interest or come into the centre to purchase a Zumba pass.
YEAR 1 CELEBRATION OF LEARNING

The Year One classes had their Celebration of Learning open morning for parents on the 8th of May. The students were engaged and excited as they demonstrated Maths games, showed their writing, explained Inquiry Units and gave a tour of their learning year so far. It was wonderful to see nearly every family represented and to see the parents involving themselves in playing, questioning and exploring all that was on offer. Some parents even trialled their child’s balanced fitness station! As teachers, we would like to say a big thank you and well done to the children and the parents for making this such a special moment of 2012.