This Term I have been inspired by our amazing Year One classes as they inquire into making balanced healthy choices for their Unit of Inquiry. As part of the PYP in the Junior School, we continually model and stress the importance of the Learner Profile attributes that make up a successful learner. One of the attributes included in the Learner Profile is ‘Balanced’. After having my lunchbox choices assessed by some keen Year 1’s, (and being told I needed more dairy in my lunchbox) I began to ponder the other aspects of my life – Am I a balanced person?

As we get into the business of our daily lives and routines, it is not hard to become unbalanced in some of the other facets of our lives.

I like to imagine that everyone has their own fruit bowl, which is hopefully overflowing with a variety of fruit – each one representing an important priority in our lives. These include family, friends, relationships, children, work, God and spirituality, sport and fitness, leisure activities, health and many more. A fruit bowl isn’t very exciting if it just has one piece of fruit in it, after all. When your fruit bowl is lacking or unbalanced you lose sight of who you are and what makes you, YOU. It is easier to become stressed when you are not taking time for yourself and for the various “fruits” in your fruit bowl.

Set some time aside to work out your priorities – set a schedule that is workable. Ask God for help and direction, and give thanks to the Lord for all the things He has given us in our lives - all of those things that fill our fruit bowls! When you have your priorities in order, you are able to shine your light out to others.

Matthew 5:13-16: Salt and Light

13 “You are the salt of the earth. But if the salt loses its saltiness, how can it be made salty again? It is no longer good for anything, except to be thrown out and trampled underfoot. 14 “You are the light of the world. A town built on a hill cannot be hidden. 15 Neither do people light a lamp and put it under a bowl. Instead they put it on its stand, and it gives light to everyone in the house. 16 In the same way, let your light shine before others, that they may see your good deeds and glorify your Father in heaven.

Today I pose this question to you – What does your fruit bowl look like? Is it balanced? Is it filled with a variety of things that highlight who you are as a person? Does it set you up for success? Or do you need to prioritise and re-evaluate the ‘fruits’ in your bowl?

Submitted by: Elise Kimber
FROM THE PRINCIPAL……..

SPORTS DAY
What a sensational day was had last Friday at our Sports Day! A huge congratulations to the staff team, lead by Greg Maxfield, Carlyn Pearson and Stephen Jude on a wonderful event. The students competed with great sportsperson like behaviour and I can only commend them for their amazing team spirit that Navigator College is renowned for.

I am especially grateful to my staff as each and every one of them contributed well above 100 percent to make sure the day was the success it was. Congratulations to them all. Finally a HUGE thank you to the parent and community team who volunteered on the day. Many hands made lighter work in the canteen and I thank all parents who helped to serve, cook and generally help out. It was great also to use the school donut machine, thanks to the support of Kylie James and her group of parent helpers and I know many parents also donated cakes and slices for the stall which were greatly received. Our first aid ladies, Karen Tiller and Karen Verrart were kept busy with our growing Navigator population helping with injuries which again was greatly appreciated. Thank you to all for making our Sports day an enjoyable, well organised community event.

A full report of the days events is attached to this newsletter.

GRANDPARENTS AND SPECIAL FRIENDS DAY
We are all looking forward to this coming Friday with the Grandparent and Special Friends morning for the Junior School and Open Day for the whole school. Many grandparents travel from far and wide to see the wonderful work our treasured students are doing in their classrooms and we look forward to sharing this special day and highlighting some of the wonderful Navigator College learning, not to mention the special ‘rite of passage’ for the Year 5 students who share in morning tea with their special person.

OPEN DAY
A reminder that our Open Day is also happening on Friday from 1:30 until 3:00 pm with tours of the College and an afternoon tea made and served by our Hospitality students. Please invite any prospective families to share in this afternoon, which will see our students showcasing the incredible learning going on at Navigator College. We are particularly looking forward to sharing information about the International Baccalaureate methodology that underpins our curriculum here and show our Inquiry units the students are investigating. The highlight for us all will be having prospective families touring our wonderful new facilities that we are so proud of.

SUNDAY SERVICE AT NAVIGATOR
On Sunday the 24th of March Our Saviour's Lutheran Congregation invite all families and friends of the College to attend a celebration service here at Navigator (10am) to bless the new school buildings and grounds and to pray for the blessing of the Senior School and administration buildings soon to start. Everyone is welcome. A sausage sizzle will be provided after the service. A salad or dessert to share would be appreciated.

God bless, Kaye

DON’T FORGET PHOTO DAY 26TH MARCH
Please note: Every student MUST return the School Photo envelope - whether or not an order is being placed. Envelopes are to be returned to the school with the correct payment enclosed. Students are to wear the official SUMMER uniform on Photo Day. Students are permitted to wear no more than one pair of earrings of plain gold or silver, round stud or sleepers for pierced ears, no greater than 3mm diameter. No other jewellery or nail polish will be permitted, with the exception of a Medic Alert Indicator. Black hair ties are the official uniform for photographs. Please ensure that on School Photo Day your child is wearing correct Official SUMMER Uniform (as below) Please ensure shoes are cleaned/polished, and hair is neat – Girls BLACK hair accessories only.

Please note that Prefects, College Captains, House/Vice Captains, and the SRC students are to wear their badges for photos. House and Vice Captains will need to wear their Sports Uniform to school for their photo at 9am, and then change into their Summer school uniform for the remainder of the day.

GIRLS OFFICIAL UNIFORM - SUMMER FUNCTIONS:

Reception – Year 1: Short sleeve polo shirt, skirt, white College socks and black leather lace up or buckle shoes
Junior School Year 2 - 5: Dress-short white College socks-black leather lace up or buckle shoes
Middle School Year 6 - 9: Dress-short white College socks-black leather lace up or buckle shoes
Senior School Year 10 - 12: Dress- flesh opaque stockings-black leather lace up or buckle shoes and College blazer (no jumper)

BOYS OFFICIAL UNIFORM - SUMMER FUNCTIONS:

Reception – Year 1: Charcoal shorts, short sleeved polo shirt, black College socks and black leather lace up shoes
Junior School Year 2 – Year 5: Charcoal shorts-short sleeved shirt-short black socks-black lace up shoes
Middle School Year 6 - 9: As per winter uniform (see below) without college jumper
Senior School Year 10 - 12: As per winter uniform (see below) without College jumper. Senior school students to wear College blazer (no jumper)

BOYS WINTER UNIFORM – Middle/Senior
TROUSERS: Charcoal College trouser
SHIRT: Long sleeved blue shirt with College logo
SOCKS: Black College socks
SHOE: Black leather lace up shoes that take a shine
TIE: College Tie
BLAZER: College Blazer (Year 10 onwards)

SPORTS UNIFORM (for House and Vice House Captains): Sports Polo shirt, sports shorts, sports socks, sport shoes.
SPORTS DAY

A cool breeze and the hint of sunshine greeted the swarm of motivated, colourfully decorated and eager students from the four houses; Magellan, Galileo, Hipparchus and Hadley as they gathered at Ravendale on Friday morning. There was excitement with body paint, hairspray, banners, war-cries and even a team mascot, a black lamb (no it wasn’t a goat!) Students represented their house teams as they competed in a range of Athletic and novelty events, and collected an abundance of ribbons for reaching place standards. Students, staff and supporters were lucky to have full canteen available thanks to Sue Theil and her team. Parents and staff worked hard to make sure events and scoring ran smoothly and on time. Our resident MC, Mr Toogood kept everyone on schedule and provided some exciting facts and motivating music.

One student from each age division was named the most successful athlete, based on a new individual scoring system.

Individual winners were:

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Boy Name</th>
<th>Girl Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>10 Yr Old Boy</td>
<td>Dannen Blacker</td>
<td>Hipparchus</td>
</tr>
<tr>
<td>10 Yr Old Girl</td>
<td>Lilee Trenowden</td>
<td>Hipparchus</td>
</tr>
<tr>
<td>11 Yr Old Boy</td>
<td>Billy Wheare</td>
<td>Galileo</td>
</tr>
<tr>
<td>11 Yr Old Girl</td>
<td>Gretta Kennedy</td>
<td>Hipparchus</td>
</tr>
<tr>
<td>12 Yr Old Boy</td>
<td>Mitchell Jude</td>
<td>Hipparchus</td>
</tr>
<tr>
<td>12 Yr Old Girl</td>
<td>Maleah Higgins</td>
<td>Magellan</td>
</tr>
<tr>
<td>13 Yr Old Boy</td>
<td>Nick Cooper</td>
<td>Magellan</td>
</tr>
<tr>
<td>13 Yr Old Girl</td>
<td>Lucy Wilson</td>
<td>Hadley</td>
</tr>
<tr>
<td>14 Yr Old Boy</td>
<td>Matthew Marschall</td>
<td>Hipparchus</td>
</tr>
<tr>
<td>14 Yr Old Girl</td>
<td>Meg Wheare</td>
<td>Galileo</td>
</tr>
<tr>
<td>15 Yr Old Boy</td>
<td>Adam Schmidt</td>
<td>Magellan</td>
</tr>
<tr>
<td>15 Yr Old Girl</td>
<td>Ellen Cooper</td>
<td>Magellan</td>
</tr>
<tr>
<td>Open Boy</td>
<td>Tim Kidney</td>
<td>Hadley</td>
</tr>
<tr>
<td>Open Girl</td>
<td>Alanah Beard</td>
<td>Hadley</td>
</tr>
</tbody>
</table>

Based on participation and a system based on place standards, scores were tallied and one house came out on top. Magellan looked tough but their mascot wasn’t enough help. Hadley were courageous but did not quite have what it takes. Galileo were motivated but couldn’t get past the line. It was Hipparchus who took out the overall shield, with solid participation and some outstanding achievements. Final scores were:

- Hipparchus: 955
- Hadley: 937
- Galileo: 911
- Magellan: 902

All students involved are congratulated on the fantastic standard of behaviour, sportsmanship and participation on the day! Well done! With such close results we look forward to finding out who will take the shield next year!

Carlyn Pearson and Greg Maxfield

COMMUNITY NEWS

BOSTON SPORTING ASSOCIATION
Junior Registration/Player Membership Day
Sunday 24th March 2013 – 11:00am-3:00pm
Come on down to the Boston Football Club(Poole Oval, Matthew Place) to Register for the 2013 Junior Football Season & Player Membership

Scooby Doo 2 Jumping Castle
Merry-Go-Round
Raffles with great prizes
Car Boot Sale ($10.00 entry fee per car)
Various Stalls inc drinks, sausage sizzle, cakes, coffee and much more!
For more exciting details call Michael on 0427 323 258

PORT LINCOLN JUNIOR TABLE TENNIS COACHING PROGRAM 2013
Venue: Table Tennis Stadium Coronation Place
Date: Tuesday 30th April
Time: 4 – 5.30pm
Age: Students 8yrs and over
Cost: $30 for 10 week program

Students will not be allowed to leave the stadium during coaching program, water is provided. There will be a short canteen break at 4.45pm. The session will be run by Barry Hancock level 1 and State Junior Coach.

Contact Barry Hancock 0459330444 for registration.

NETSETGO! COME AND TRY
School Holiday Clinics at Netball SA Stadium 15th and 16th April 2013. Have fun while learning new netball skills, drills and techniques.

5 - 7 Years
Monday 15th April, 2013
9.00am – 11.00am
Cost: $42.00
Registration opens at 8.30am
Book Now!
Go to www.netballsa.asn.au or telephone 08 8238 0500.
Registrations close COB 10 April 2013
Minasan, Oshyo-gatsu Omedetou! A belated Happy New Year everyone. It has certainly been a busy start to 2013 for Navigator College. Since returning from my 3 week trip to Japan in January I have also been busy starting to implement new ideas and use resources I was lucky enough to share with the 55 other Japanese language teachers on our Endeavour Language Teacher Fellowship program.

During our stay in Japan, we were treated to the stunning sights of Kyoto, a visit to the Earthquake Centre in Kobe and an amazing jam packed itinerary visiting shrines, temples and listening to guest speakers, from school teachers to traditional Japanese theatre actors. Most of our time was spent studying (in Japanese!) at the University of Kansai in Osaka and producing resources to use in our classrooms. We were able to visit several different schools in Osaka and observe some of their lessons and their lunch time (kyuushoku) routines where lunch is served and eaten in classrooms. We also presented a lesson to a year 5 class about Australia and students discovered, yes we eat kangaroo and Canberra is the capital of Australia, not Sydney. We watched students cleaning time called ‘souji’. Japanese schools do not have cleaners and students are responsible for cleaning their own classrooms every day, floors and windows included. We were surprised to see how bare their classrooms were and it made me appreciate what a wonderful school environment we are so lucky to be able to learn in here at Navigator College.

Next year we are hoping to host a Japanese assistant teacher and will be looking for interested host families. Hosting a native speaker is an extremely rewarding experience for students and families, deepening understanding of other cultures and forming lifelong friendships. If you would like to have the opportunity to host an assistant please leave your name and contact number at the front office for further details.

I look forward to sharing lots of new experiences and knowledge with my Japanese students this year.

Fiona Parenta (Japanese teacher)