The Power of Positive Thinking!

Philippians 4:8

Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.

Every day we have a choice about how we wake up, how we embrace others and how we leave our mark on the day. As a teacher, I have the opportunity to instil positivity on my students and this is both a responsibility and also a great privilege. There is huge power in using positive thoughts to drive positive behaviour. The positive thinking and actions we have can shape not only our own lives but also the other people’s lives that we share our day with.

- Keep your thoughts positive because your thoughts become your words.
- Keep your words positive because your words become your behaviour.
- Keep your behaviour positive because your behaviour becomes your habits.
- Keep your habits positive because your habits become your values.
- Keep your values positive because your values become your destiny.  
  
  Mahatma Ghandi

Sometimes we need to find some inspiration to keep our thoughts positive. Maybe it’s a song, a quote, a photo, picture or a memory that you can draw on to steer your thoughts in a positive direction.

Challenge yourself to find ways to think positively and use your positive thoughts to inspire those around you!

Submitted By: Carlyn Pearson
AISSA COMMENCEMENT SERVICE

On Sunday I was blessed to be able to take our Prefects, along with Stuart Cox (Head of Senior School) to the AISSA (Association of Independent Schools of South Australia) Commencement Service. The service was conducted at St Peter’s College and involved students in Leadership positions from a variety of Independent Schools in South Australia. The Prefects represented the College proudly by presenting themselves admirably in front of such a large cohort. It was a wonderful afternoon and one which we all were able to come together as an Independent cohort of schools to celebrate our collegiality.

NEXT WEEK the ‘kiss and drop’ area will be able to be utilised which is situated close to the new Administration building. There will be VERY LITTLE parking available due to a very small number of parks. If parents would like to use the ‘kiss and drop’, you are asked to drive though and pick up your child if he/she is there. If your child is not waiting please drive past, and, if there are no parks available drive around the block and try again. Please also know this is an new beginning for us and there may be some hiccups initially. We thank you in anticipation for your patience and understanding.

The new administration office will be moved THIS Friday (28th of February) and as such the old office will be closed for the day. If parents need to visit the office through the day on Friday it will be stationed in the new Drama room, held on the ground floor of the Senior School building.

Our new Administration building consists of two different service desks, one being the Student Services desk, which will deal with all student enquiries, such as late sign-in, student collection point for early departures, sick notifications etc. The other desk will be our main Reception area, which will attend to all public and general enquiries. The main Reception desk will also be responsible for receipt of all money.

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God bless,
Kaye

SCHOOL BASED IMMUNISATION PROGRAM FOR 2014

This year the Year 8 and 9 students will once again participate in the School Based Immunisation Program. The schedule of vaccines for the 2014 program is the same as last year with the addition of the HPV program for year 9 boys. The program will require four scheduled visits with intervals dictated by the requirements of the vaccines. The table below shows the students who are eligible for the vaccines and the number of injections required to complete the course.

<table>
<thead>
<tr>
<th>Year</th>
<th>Vaccinations offered for the following diseases</th>
<th>No. of injections required</th>
<th>Male</th>
<th>Female</th>
</tr>
</thead>
<tbody>
<tr>
<td>8</td>
<td>Hepatitis B (4-6 months between doses)</td>
<td>2</td>
<td>Yes</td>
<td>Yes</td>
</tr>
<tr>
<td>8</td>
<td>Chicken Pox</td>
<td>1</td>
<td>Yes</td>
<td>Yes</td>
</tr>
<tr>
<td>8</td>
<td>Human Papillomavirus</td>
<td>3</td>
<td>n/a</td>
<td>Yes</td>
</tr>
<tr>
<td>9</td>
<td>Human Papillomavirus</td>
<td>3</td>
<td>Yes</td>
<td>n/a</td>
</tr>
<tr>
<td>9</td>
<td>Diphtheria, Tetanus &amp; Pertussis</td>
<td>1</td>
<td>Yes</td>
<td>Yes</td>
</tr>
</tbody>
</table>

An information leaflet and a Consent form has been sent home to all Year 8 and 9 students. Please ensure that you return these to school as soon as possible if you have not already done so. Any questions about this program please contact Aaron Price, Environmental Health Officer for the Port Lincoln City Council on 86212320. Thank you.

Meg Webb, Administration

COLLEGE CAPTAINS, HOUSE AND VICE HOUSE CAPTAINS PRESENTATION

We invite you to join us as we present our College Captains, Prefects, House and Vice House Captains and SRC for 2014 with their respective certificates and badges. Please come along and support the students this Friday the 28th of February during our Chapel Service at 9am. We hope to see you there!

FROM THE PRINCIPAL....... | GENERAL NEWS.......
Camps certainly are a wonderful opportunity to learn in a very different setting to school. I had the pleasure of attending the Year 4/5 camp to Thuruna last week. The central idea for the camp, “That people make choices and they have consequences”, was a strong emphasis and was embedded in all decisions throughout the camp! I certainly learnt a lot, interacting with students and teachers over the 36 hours that we were together. Some of my observations were:

1. We have very dedicated passionate staff that go above and beyond in their duties to provide safe, stimulating environments for students.
2. Despite how hard you try, kids find it hard to go sleep when they are on camp!
3. Students naturally aren’t ‘others oriented’ and sharing can be difficult.
4. Those students who put the time and effort into building up others reap the rewards!
5. Thinking clearly and planning are important steps towards success.
6. Communicating intentions to others is crucial in coming to a consensus about decisions.

As I watched these students make choices and endure the associated consequences it got me thinking! As a parent we can’t be like the competitors in the Winter Olympics sport of curling, where the athletes run alongside, sweeping away all the problems! We can however sow values and beliefs into our students and allow them the time and the grace to make decisions and ensure that they are aware of and experience the consequences.

I hope and pray that the Year 4/5’s use some of the lessons they have learnt about choices and consequences to assist their development as a student this year and to assist their development as people in years to come.

Stephen Jude
Head of Junior School

FROM THE PYP COORDINATOR....

There are fabulous learning opportunities going on in our classrooms at Navigator College. While sitting in my office in the library I could hear the sounds of inquiry happening just outside my door. The Year 2/3’s are currently inquiring into, ‘Systems are directly related to the needs of the community.’ As part of exploring this Central Idea, they were investigating how the library is a system and were undertaking an ‘inquiry observation’ to see what parts of the library might contribute to this system.

I was an Inquirer when I explored the library and scanned for systems. I know I was being an Inquirer because I was looking closer at something and finding out something. Braden Windsor, Year 2/3 Jones

YEAR 4/5 CAMP TO THURUNA

Last week, fifty-nine year 4’s and 5’s spent two days at Thuruna inquiring into the central idea “People make choices that have consequences to themselves and others.”

It was a great provocation for our unit and amazing to have a unit which will be of such great use, helping our students to make informed choices about how they work and the effect this has on themselves and others.

The teams were made up of a mixture of year levels, gender, established and new students. Each team chose a colour, name and logo, which they added to a bandana (to be worn at all times!) The challenges set involved the team making choices about how they worked and they were given time to reflect on the success of the choice making process each time so they could try a different method next time. It was amazing to observe just how principled, caring, balanced and courageous some of our students are. For some, being out of their usual peer group and comfort zone was a big challenge but all showed resilience and willingness to have a go. It was also a great opportunity to share some skills perhaps they didn’t realize they had.
On Thursday evening we were serenaded by Mr Pearson, who came out to join us just before Spotlight in the sand dunes. Mrs Jude’s awesome culinary skills kept us very well fed and Mr Thiel provided a thought provoking devotion.

I think we all learned a great deal about one another and hopefully we can use our learning from camp throughout the year as we work together.

We would like to extend our grateful thanks to Mr Thiel, Ai, Mrs Jude, Mr Pearson and all the parents who so generously donated food.

Sarah Stobart, Ashleigh Friebel and Jessie Trudgen
Year 4/5 Teachers.
Grandparents & Special Friends Morning

Junior School

Monday the 24th of March from 8.45am

We look forward to welcoming Grandparents and Special Friends of our students to join us for Assembly at 8.45am. Guests are then invited to visit the classrooms, followed by a morning tea, served under Cluster One.

The College will also be pleased to offer Grandparents and Special Friends the opportunity to purchase a book, to be donated to the Resource Centre. An appreciation label will be placed into the book with the donors’ name.

More information will be coming home with your child soon.

Phone: 08 8682 5099
www.navigator.sa.edu.au

...directions for life
MOVING FORWARD…

One of the School motto’s you will see about the place is “Navigator College – Directions For Life”. One of the things I love about this motto is that it implies movement and action… If someone gives you direction, you are on the move, not stuck in the same place, going nowhere. I love that the culture of Navigator College is one of moving forward. In this last week we celebrate some significant ‘moves’ in the direction of an exciting and better future.

During the past week we launched our Managebac, our upgraded online reporting and tool with the students and with parents at the recent information night. Both of these events were of great success, as the hands on tutorial enables both students and parents to engage with the system and feel confident in understanding and navigating the tool. One aspect of the system most exciting to all was the Student Calendar, which provides both students and parents with a customised calendar of events, assessments and deadlines, as well as specific reminders of those most pressing. When viewing this calendar students will very clearly be able to see the spread of assessments, and manage their time accordingly, parents have 24/7 access to this and are well able to view important approaching deadlines. With any task set on the system, is also the attached task sheet file, allowing viewers access to the criteria being assessed and details of the task. No more forgotten task sheets! The Managebac System provides notification of the marking of assessments and allows users to track progress throughout the term. At the end of term a PDF report will be placed in the student and Parent profile readily available, along with previous reports generated through this system.

This week we also had our first Middle School Assembly for the year hosted very well by our Middle School College Captains in Isabella Wright and Matthew Marshall. This meeting saw the presentation of the first round of Merit Awards acknowledging outstanding attitude, action and achievement by students. Congratulations to all who received these awards. Each award will also contribute 5 points towards the House competitions.

Thank you Parents, Students, and Teachers for your support and enthusiasm towards the School.

I trust you have a fantastic week and if you could do one little job for me…. Go out of your way to encourage one person in your life this week. Let’s have a positive impact on this community!

God Bless

Andrew Jericho
Head of Middle School

FROM THE MIDDLE SCHOOL......

FROM THE SENIOR SCHOOL......

I find it interesting when I discuss rules with students. Today whilst on yard duty I had to discuss with a student the wearing of a hat. A fairly simple discussion that began with, “Where is your hat”? I find it interesting that as we (me included) enter simple discussions that acknowledge to us that we are in the wrong, our immediate response is one of defence and in the defence of self we express a tone of defiance or confrontation. Sometimes the easiest option from a teacher’s perspective is to ignore situations because of the response we may receive. For teachers however, there is an obligation to follow through with correcting students who challenge the rules because of two reasons. 1) There have a duty of care towards all students, irrespective of their age. And 2) if rules are not adhered to, they will be contested by others. This is called precedent.

We are very lucky here at Navigator College because our students generally follow direction and will correct inappropriate behaviours when they are brought to their attention.

This week I was delighted to have a student come to me and give me $10.00. Just like you are thinking now, I thought: ‘What are you trying to buy’? Perhaps an ‘A’?. Or this is going to be some other bribe?? But alas it was not to be! The student gave me the $10.00 and said “I found this on the floor, someone may have lost it!” How wonderful was this expression of true concern for another person’s loss? When I gave the money to the person who lost it they were very grateful that the money had been returned.
This is the calibre of our community. This is why we follow through on rules and correction. This is the true meaning of ‘love for one another’ and here it is expressed through our student body. I could not be more proud of our students. To follow on from this theme I had the greatest of pleasure to be the chaperone, along with Mrs MC, for our College Prefects to attend the opening service for AISSA at St. Peters Boys College in Adelaide on Sunday. This was a fantastic opportunity for the students to meet and interact with other College leaders from other Independent schools. There will be other opportunities for Prefects to attend events as representatives of our College, one such event is the leadership development day for Lutheran School leaders in March. These events are a fantastic opportunity to hone skills and develop connections across this educational sector. We look forward to these events with great expectation.

I have decided that it would be good to add snippets of information about our teachers in an effort to introduce them and give you an insight into who they are.

Sonia Ford is Navigator’s Food and Hospitality Teacher and is currently in her second year of service at the school. Hospitality is offered from Year 6 through to Year 12, incorporating the acquisition of essential nutritional knowledge, food handling, preparation and plating skills together with meal planning for a range of different scenarios. Practical cooking classes take place in the commercial kitchen at Ravendale and will be relocated back to Navigator College upon the completion of the Trade Skills Centre in 2015. The school is also in the planning stages of being able to offer VET (Vocational Education and Training) accreditation in Kitchen Operations. Sonia came across from working in Food and Hospitality, Maths (Year 10) and Science (Year 8) at St Joseph’s School. She has previously also worked as a classroom teacher in the middle school at Port Lincoln Primary School with special strengths in the delivery of English(particularly the elements of functional grammar and scaffolded joint construction across a range of genres, Science (having taught many of the Primary Connections Science units) and Maths (especially early numeracy and supporting Indigenous learners) programs.

Her first teaching placement was at Port Lincoln High School contributing to the English, Society and Environment and Aboriginal Education programs over a 5 year tenure. Sonia’s interest in Food and Hospitality complements the career ambitions of husband, Tony Ford who manages the catering operations at Boston Bay Wines. She actively maintains an interest in daily business operations with a particular focus working with wedding clients to plan menus and venue layouts, together with managing the presentation of our front of house operations during the reception. Sonia is a keen supporter of her children’s sporting ambitions, actively coaching a level 3 competitive gymnastics program. She is also a bronze licence swimming coach, working to build the skills of beginning members of the West Coast Swimming Club. She publishes all of their media releases, manages the club’s website, frequently attends competition meets and when the opportunity presents itself competes in long distance open water events. Some 18 months ago Sonia’s family became kinship carers for grandson Tyrell, who, at 2 and a half is an energetic toddler who loves spending time with Poppa and Grandma. “Navigator College is an amazing place to work – the students are grateful for the time you invest into creating learning experiences for them and are compassionate and caring, going about their tasks with a sense of enthusiasm and inquiry. “

Stuart Cox
Head of Senior School

Port Lincoln Hockey Association Presents;
Our come and try evening...
No pressure to join a club just come and try a new sport: no cost and no equipment required!
More details to come...Joh Walding…Mobile phone: 0428 509 780
Email: Joh.Walding316@schools.sa.edu.au