Pressing on towards your God Given Goals

*Philippians 3:14 “I press on toward the goal to win the price for which God has called me heavenward in Christ Jesus”.*

One of my favourite scriptures. We all need a purpose, and that is influenced by the values we hold and the aspirations we have. Ultimately, we choose what we are going to live for, and our God given desires are worth pursuing. On a personal level, I am often challenged in relation to how I am ‘exporting’ my faith. That is, how am I revealing God’s love in each metron I am part of?

At this time of the term, many of us are faced with competing pressures and for some this can cause significant anxiety. Some of the pressures we may face include the many assessment tasks that are due, the many extracurricular activities and the numerous responsibilities that come with life. It is at this point, I’d challenge you to consider the bigger picture and how what you are doing is contributing to meeting your God given goals.

For me, one of my God given goals is facilitating work that can better the lives of those in developing countries. Last week, I shared with the staff about my involvement in an orphanage in rural India. When the opportunity to travel to India was first presented, I strongly resisted the urge to go, as I was fearful of being out of my comfort zone, and the challenges it would present. However, when my close friends challenged me, I realised that God had put me in a position where He wanted to use me and I eventually became obedient and went. Needless to say, it impacted me on a deep level.

Many of you are aware I left the corporate sector to pursue a career in Education. This certainly doesn’t make financial sense, but I did this because I see a need to educate our future leaders and support them in making the right decisions early. I followed this calling after much deliberation and this demonstrates how hard it is to forego God given goals. Despite the pressures that teaching can bring, I reflect on the words of the Apostle Paul. I remind myself of why I am a teacher and the metron He has placed me in for a purpose.

What God given goals drive you each day? Despite the pressures of life and no matter what is thrown your way, I encourage you to press on toward your God given goal. The prize at the end is worth far more than we could receive here on Earth. What a place our community would be if everyone was pressing on towards their God given goals!

Submitted by: James Phillips
TRADE SKILLS CENTRE
This week I have been negotiating curriculum for our new Trade Skills Centre. The buildings have been drawn by the architect, the tenders have arrived and the builder has been chosen. We now await the construction to begin. This is an exciting time in the development of our College as we make a mark on the educational landscape once again. This facility will allow Navigator College to add further pathways for students who wish to enter a career in the health industry, from nursing to an assistant in the healthcare field of employment. There are many opportunities for employment in healthcare and I look forward to directing some of our students into this diverse field. What we do offer will be dependant on the expertise we source to deliver an interesting and topical curriculum.
I am please to say that Mr Phillips and Mr Pienaar have been proposing an information evening for prospective employers who are supporting our work placement students in Year 10. This evening will inform our work placement supporters of the obligations of all stakeholders and suggest further events planned for the coming term.

YEAR 2/3 CELEBRATION OF LEARNING
This week the Year 2/3s had their Celebration of Learning which allowed the students to share their learning with all whom attended. If you ever wondered about the International Baccalaureate and why it is we believe it to be best practice, these events are a huge part of the curriculum and consolidate a students understanding of their personal learning journey. Congratulations to our Junior School students on their learning journey thus far!
At Navigator College we use this same model to support the learning of our Senior Students. We believe that it is best practice to allow the students to explain what they have learned to others, not only does this consolidate understanding but it also builds confidence in presentation and discussion techniques. The Senior School Celebration of Learning is being held tonight.

Stuart Cox,
Acting Principal
How great it was to experience the joy of a long weekend! The extra time certainly was a blessing. In the business of our lives, there are often many things we neglect. Having the extra time on the weekend got me to thinking, what is it that we can take the time to invest those extra hours into? What elements of our lives need a little more attention? Are any of these on your list?

- spending quality time with our kids
- focusing on our finances
- the gardening and other household jobs
- speaking our partners love language
- developing our relationship with Jesus
- pursuing personal interests and hobbies

An integral part of the International Baccalaureate is the Learner Profile, and one such attribute is that of Balance. We talk with our students often about this attribute and are seeing fruit of these discussions in the decisions our students are making. As adults though, often we can be out of balance. I hope that this long weekend you took the time to invest in elements of your life that need attention, or having read this, that you now are able to take the time to reflect and plan ways to ensure that all elements of your life are in greater balance.

Happy Balancing!

Stephen Jude
Head of Junior School

JUNIOR SCHOOL LITERACY REPORT

I feel very privileged to be the Junior School Literacy Coordinator this year. I believe literacy is an important part of learning and I am pleased this has been valued at Navigator College. This term we have the Receptions learning about the writing style of narratives and the concepts of print. The Year 1’s are learning how to write procedures, with a focus on reading skills. They also have been sharing their writing with Reception classes. The Year 2/3’s are also learning how to write procedures and are focusing on reading comprehension and the Year 4/5’s are inquiring into narrative structure and exploring reading comprehension strategies. It is wonderful to see ‘literacy enriched’ Junior School classrooms and carefully planned learning experiences by our teachers.

Our teachers are looking forward to being guided in our Professional Learning Week with a two day reading focus provided by Margaret Menner. Margaret has worked in education for over 29 years as a teacher, a Reading Recovery Teacher and a Literacy Consultant. She currently manages and consults for Advance Teacher Training. Staff will be completing a full day on Guided Reading and the second day on developing student comprehension skills. We are very lucky to have a speaker of her experience and knowledge and therefore strongly encourage you to attend her parent workshop on teaching children to read. Please see our newsletter article for more information. This workshop is free and I am confident you will find it valuable to support your children to read and improve their reading.

These are Margaret Menner’s tips on reading support: 10 Great Tips To Help Your Child With Reading

1. Tell your child what the book is about before they start reading. This helps them to make meaningful guesses and understand what they are reading.
2. Encourage your child to look at the pictures.
3. Be excited when your child reads a book really easily. Easy reading is good for children and encourages them to read more and more.
4. Read the book to them if they are finding it really hard.
5. Talk with your child about what is happening in the book.
6. When they come to an unknown word, ask them to reread the sentence and have a guess.
7. If they have had ‘a try’ at a word and they still don’t know it, just tell them the word and let them keep reading.
8. When they don’t know a word ‘Pause’ then give a quick ‘Prompt’ and then ‘Praise’ for good reading. It’s ok to tell a word if they have had a try.
9. Ask if their guess ‘Makes Sense’.
10. Ask them to look for parts of words i.e. sh/op and c/at. This is much better than asking to say individual sounds s-h-o-p. This is called ‘sounding out’ and it is not a good strategy for reading as it interrupts fluency.

“Children are made readers in the laps of their parents” (Emelie Buchwald)

Junior School Teachers would like to thankyou for your invaluable support with our reading programs and we look forward to seeing you at the parent workshop on the 30th of June.

Happy reading!

Pam Treasure
Junior School Literacy Coordinator
On the 4th of June the Year 2/3 students had their Celebration of Learning. We are delighted to say it was a huge success and such a highlight for our students. The Year 2/3 students were informative, enthusiastic and very responsible as they proudly showed parents through their learning. The morning included fraction and mental computation games and explored all we have learned so far in our inquiry into forces. The students showed their research for our “Being Human” Unit of Inquiry, read their narratives to their parents and described our Spelling program. A photo slide show and movies of student presentations were on class computers and our class blog was on the smartboard. The students were able to show their parents the techniques of goal shooting, which has been part of their Physical Education program this term. Christian Studies, Japanese and Visual Art were also among the display tables. To conclude the morning, the students shared two songs they had been learning for Music.

We would like to thank all parents for attending this event and the students for their part in making this a memorable time for everyone.

Emma Jones, Zherie Bouwman and Tania Masters, Year 2/3 Class Teachers

Mrs Bouwman’s Class
YEAR 2/3 CELEBRATION OF LEARNING CONTINUED

Mrs Jones’ Class

Mrs Masters’ Class
This week I had the pleasure of attending the Year 2/3 Celebration of Learning. I saw excited faces confidently sharing their wonderful learning with their parents. This is not only a fantastic opportunity for the student to showcase new knowledge and skills, but it also gives them the chance to practice and develop their communication skills. The following table outlines six communication skills that make up part of the Primary Years Programme (PYP).

<table>
<thead>
<tr>
<th>Communication Skills</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Listening</td>
<td>Listening to directions; listening to others; listening to information.</td>
</tr>
<tr>
<td>Speaking</td>
<td>Speaking clearly; giving oral reports to small and large groups; expressing ideas clearly and logically; stating opinions.</td>
</tr>
<tr>
<td>Reading</td>
<td>Reading a variety of sources for information and pleasure; comprehending what has been read; making inferences and drawing conclusions.</td>
</tr>
<tr>
<td>Writing</td>
<td>Recording information and observations; taking notes and paraphrasing; writing summaries; writing reports; keeping a journal or record.</td>
</tr>
<tr>
<td>Viewing</td>
<td>Interpreting and analysing visuals and multimedia; understanding the ways in which images and language interact to convey ideas, values and beliefs; making informed choices about personal viewing experiences.</td>
</tr>
<tr>
<td>Non-verbal communication</td>
<td>Recognising the meaning of visual and kinaesthetic communication; recognising and creating signs; interpreting and utilising symbols.</td>
</tr>
</tbody>
</table>

Specific communication skills are selected by the teachers to include in certain inquiry units and are explicitly taught to the students. Over a student’s PYP journey (from Reception through to Year 5) it is hoped that they will have an opportunity for each type of communication skill to be developed. I encourage you to have a discussion with your child about their communication skills. Questions to ask:

- Why are communication skills important?
- What learning experiences have helped you to develop your social skills?
- Which communication skill do you feel that you are strongest in? Why?
- Which communication skill do you find challenging? Why?

Enjoy your conversations!

Gemma Leonard
PYP Coordinator
We were born to make manifest the glory of God that is within us.

It's not just in some of us; it's in everyone.

And as we let our own light shine, we unconsciously give other people permission to do the same.

As we are liberated from our own fear,

Matthew 5:14 & 16

14 “You are the light of the world—like a city on a hilltop that cannot be hidden 

16 In the same way, let your good deeds shine out for all to see, so that everyone will praise your heavenly Father.

I am inspired by the efforts and achievements of the students of Navigator College. I am proud to see students representing our school so enthusiastically. This week I would like to reflect on some of the participation and achievement of our students in the first semester and commend them on the inspiration they are to others.

The words of Marianne Williamson capture the effect that we have when we allow God to shine through us by using and achieving with our giftings. Thank you, students of Navigator College for the exemplary way you represent our school.

Inspirational Performances!

Matthew 5:14 &16

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Above: Year 8 Boys competing in the Year 8/9 Interschool 9-aside Football Competition. Lane Pennington, Tristan Binder, Patrick Bryant, Callan Averay, Stephen McFarlane, Lachlan Warhurst, Nicholas Cooper, Jared Dodd and Jayden Whittle.

Above: Year 8/9 Girls competing in the Year 8/9 interschool 9-aside Football competition. Isabella Wright, Lucy Wilson, Britney Doyle, Sarah Murchison, Michaela Webb, Alleigh Hamnet, Matilda Bartlett, Abigail Nicholls, Abbey Schlink and Ania Constantinopoulos.

Right: Charlotte Nicholls - SAPSASA Netball representative. (Winners of their division)

Above: Isabella Wright: Public Speaking. Isabella recently competed in the Heats of the Legacy Junior Public Speaking competition on 30th May. She has made it through to the State Finals which will be held on the 22nd August, with final selections then made for the National Final.


Andrew Jericho
Head of Middle School
Supporting Your Children Through Year 10 - 12

As we approach the end of the first semester the Senior School students are just beginning to complete a significant period of work. For the Year 10’s and 11’s this will culminate in Examination Week in Week 7, 16th to the 20th of June. During these periods it is important the ‘three-legged stool’ as author Paul McGuire calls it (see below), has all three legs sturdy and strong.

Paul McGuire, *The affluent student*

As students progress into the Senior School, many parents can feel more and more isolated from the learning journey their children are experiencing and as a result, their learning can become more school-centric. In my time as a teacher, one of the more common questions I have been asked by parents is ‘how can I help my kids when they either a. will not tell me about it or b. I don’t know what they are studying.’ My answer is invariably the same ‘it doesn’t matter’, you do not need either of these to support your children through their final years of schooling. They are becoming increasingly independent in their work and the best thing you can do for your child is to offer support.

Seven ways you can support your child through their studies:

1. **Talk to them about their goals**
   Ask them what they are aiming for in their work/exams and ask them how they plan to achieve it. What are they going to do between today and the submission/examination date to make sure it happens? Perhaps most importantly, what can you do to help?

2. **Help them with their boundaries**
   Many children know the temptations which drag them away from their work and are quite willing to admit they will struggle to avoid them. A week-long Facebook password change or a hidden Xbox controller, when done with mutual agreement, can be enough to help develop a more diligent study approach.

3. **Encourage your child to teach you**
   Reading through information and answering questions are both good ways of developing understanding, however, an excellent way to cement knowledge and find gaps in understanding is to teach the information to someone else. If your child can explain it to you and you fully understand it, there is a good chance they know it well.

4. **Be there when they need a break**
   The brain can only handle so much dedicated study in one day, and it needs rests. When your child comes out and wants to have a break, be available and have something to do/talk about other than the work. Get out of the house, eat a meal/have a coffee, do something active etc. If their 20 minute break consists of a conversation about exams, their brains do not have a chance to rest.

5. **Make sure your child has a dedicated work space**
   Nothing is more different to an examination room than a desk with TV’s, phones, radios, computers, loud music, lots of photos, and a collection of cute cuddly and/or weird retro things. Any and all of these things can, and will, hinder the academic progress of your child. Find a quiet room in your house, make sure there is a clean space to work with minimal clutter. This will lead more dedicated study and hopefully, less overall time needed to achieve the same goals.
6. **Have healthy food available**  
Healthy foods (fruit is excellent) and water are great study support, try to have plenty, and a variety available. Soft drink and high sugar snacks lead to short bursts of energy and quick fall away, leading to the need for more rest, or more sugar. Make an effort to limit their availability and take away the temptation.

7. **Sleep is important**  
During sleep the brain compartmentalises what it has processed during the day. Without enough good sleep a lot of that hard work could be wasted. While there may be a place for the last minute study binge, over a week your kids should be averaging at least 7 to 8 hours of sleep per night, as should the rest of us!

Nathan Wohling  
Acting Head of Senior School

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**COMMUNITY NOTICES**

**July Holiday Activities @ the Port Lincoln Library**

*Get ready for some textile fun for 5 to 8 year olds*

**Wed 9th July and Thurs 10th July (session repeated)**

**10am to 11am**

Weaving and Collage with paper, fabric and felt. Only $5!

*Bookings essential at the Library desk or phone 8688 3622*

**AND**

**2 X Workshops with Emma Pedler from ABC OPEN**

Wednesday 16th July 1.30pm-4.30pm  
**Life’s Big Questions – Basic Film making and editing techniques**  
8 students  
Students to bring: camera, Ipod, Ipad and parent/carers permission for digital publishing on the ABC website

Thursday 17th July 10.30am – 12.30pm  
**Photography – I Pods /I Pads**  
10 students  
Students to bring: Ipod, Ipad and parent/carers permission for digital publishing on the ABC website

**So much fun to be had at the Port Lincoln Library during the school holidays!**

Louise Mrdjen  
Manager Library Services

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**Fundraiser for Ronald McDonald House Adelaide**

As part of our “On The Move” Caravan of Love  
Port Lincoln Hotel Function Room  
Saturday July 5th 6.30pm for 7pm start

**Tickets $40 pp**  
(includes $5 donation Canapes, Dinner & Cheese Platter)

Tickets available from Magic 899/5CC or Port Lincoln Hotel. Cash only.

**OnTheMove**

**765-5CC**

Tickets proudly donated by The Printing Press