And a great windstorm arose, and the waves beat into the boat, so that it was already filling. But He was in the stern, asleep on a pillow. And they awoke Him and said to Him, “Teacher, do You not care that we are perishing?”

Mark 4:37-38

I want you to notice the second part of the disciples’ words, “Do You not care that we are perishing?” These men—who'd spent their lives on this sea—were worried for their lives, so they lashed out at Jesus with the unkind words, “Don't you care?” These are words that are full of self-centeredness and doubt, and I’m afraid that this is how we often pray when things happen to us: "Lord, don't you care about me? Why is this happening to me?" Instead, when things start going crazy in your life, the best question to ask is:

"Lord, what are you showing about Yourself here? Please teach me and show me."

If we are walking in the flesh and trials come upon us, they are going to cripple us. But if we are trusting in the Lord and walking closely with Him, even in the pain, there is a peace that passes all understanding that comes with the knowledge of God through His Son, Jesus Christ. And when you are in the midst of an ugly, horrendous situation, you will be able to say, "We know that God is doing a work here. We are not going to drown."

Submitted by: Greg Maxfield
FROM THE PRINCIPAL......

GRANDPARENTS AND SPECIAL FRIENDS DAY
We are all looking forward to this coming Monday with the Grandparent and Special Friends morning for the Junior School. Many grandparents travel from far and wide to see the wonderful work our treasured students are doing in their classrooms and we look forward to sharing this special day and highlighting some of the wonderful Navigator College learning, not to mention the special ‘rite of passage’ for the Year 5 students who share in morning tea with their special person.

OPEN DAY
A reminder that our Open Day is also happening on Tuesday the 1st of April from 9.00am until 12:00pm with hourly tours of the College, complete with tea and coffee. Please invite any prospective families to share in this morning, which will see our students showcasing the incredible learning going on at Navigator College. We are particularly looking forward to sharing information about the International Baccalaureate methodology that underpins our curriculum here and show our Inquiry units the students are investigating. We also intend to share our five values statements that we hold in high regard. The highlight for us all will be having prospective families touring our wonderful new facilities that we are so proud of.

NAVIGATOR NIGHT OF NIGHTS
Last year many of you will remember our fabulous ‘Night of Nights’, an auction and social evening that was not only a fantastic event but also raised approximately $12,500 for the College. I am pleased to announce that it’s on again!! The Fundraising team will begin their work to prepare for this fabulous event again for parents and friends of the College.

The ‘Navigator Night of Nights’, will be held on Saturday the 21st of June. Please keep this date free as it promises to be an awesome night. Attached to this newsletter is a flyer asking parents to submit their interest if they wish to join the committee to share ideas about the new look for Night of Nights. Also as this is one of only two major fundraisers, we ask for your kind donation of items for the night to ensure the financial success of the event.

PERFORMING ARTS SPACE
The new Performing Arts Space (ex Admin building) is almost ready to be used with estimated time to access for music lessons scheduled for early next week. Its such an exciting opportunity for our students and our music department

God bless,
Kaye

GENERAL NEWS

SCHOOL BASED IMMUNISATION PROGRAM FOR 2014
This year the Year 8 and 9 students will once again participate in the School Based Immunisation Program. The date for this has been set for Wednesday the 2nd of April. Please ensure you have returned your child’s consent form to the front office if you have not already done so.
Any questions about this program please contact Aaron Price, Environmental Health Officer for the Port Lincoln City Council on 86 212 320. Thank you.

A CALL FOR TABLE TENNIS TABLES
Navigator College’s newest lunchtime club, the Table Tennis Club needs your help! On Friday lunchtimes the PE classroom turns into a table tennis hub which is open to any students willing to play the great game. However, at the moment we are only able to use the one table tennis table that the school owns. Obviously this limits the amount of games that each student can be involved in.
Ideally we would like to have three tables running in these Friday lunchtimes. If there is anyone out there in the extended Navigator community who could donate a table to our cause (it could be returned at the end of the semester or year) could you please contact Mr Maxfield or Mr Eckert.
Thanks for your support.
Mr Eckert, Teacher

MARY NEEDS HELP
‘Mary’ is the title of the Year 12 Drama production which will be performed (and assessed) in mid-May and like all productions needs a team of people to make it all come together on the night.
Mary is a play about a Greek girl growing up in the 1970’s in Melbourne so our first task is to find costumes that would suit our characters... 1 young Greek 16 year old girl; a Greek mother, spinster aunt and grandmother as well as the neighbours, a 40 year old mother and her 16 year old daughter. If you have any 1970’s clothes or accessories in your closet that you would be willing to loan it would be much appreciated.
We are also looking for a couch for the Greek household (possibly dark red velour), a small coffee table, side table and a guilt framed picture of Jesus. Other items needed include some statues of Jesus, a very small garden bench (for 2 people), a small metal watering can, a small black walking stick, a coffee pot and a plain black handbag for the grandmother.
The neighbour’s house requires a kitchen table (possibly laminate top with metal side trim), 2 vinyl kitchen chairs and small sideboard/cupboard.
If you are able to offer assistance in any way please contact the College with the details. Many thanks!
Annette Mesecke & the Year 12 Drama students

GRANDPARENTS AND SPECIAL FRIENDS DAY

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GRANDPARENTS AND SPECIAL FRIENDS DAY
IPADS
What a buzz there was in the College last Friday when the Year 4/5 students were issued with their iPads. Students excitedly explored the packaging in anticipation of opening their device and working through the steps of setting up their iPad with their parents. The College provided session times to assist families with the set up of the device and now the students are ready to unlock some amazing learning opportunities. As staff we are looking forward to providing opportunities for students to collaborate, connect and reflect. In this environment, students will be able to produce successful and creative quality pieces of work that they can be extremely proud of.

Stephen Jude
Head of Junior School

Grandparents &
Special Friends
Morning
Junior School
Monday the 24th of March from 8.45am

We look forward to welcoming Grandparents and Special Friends of our students to join us for Assembly at 8.45am. Guests are then invited to visit the classrooms, followed by a morning tea, served under Cluster One.

The College will also be pleased to offer Grandparents and Special Friends the opportunity to purchase a book, to be donated to the Resource Centre. An appreciation label will be placed into the book with the donor’s name.

More information will be coming home with your child soon.

Phone: 08 8562 5999
www.navigator.sa.edu.au

If you haven’t returned your tear off slip indicating whether your child/ren have a Grandparent or Special Friend coming to support them, could you please do so URGENTLY. These are required for catering purposes.
FROM THE PYP COORDINATOR.....

It was nearing the end of the day and I was on the lookout for students displaying effective communication skills. I discovered the Year 1s in their pack up routine. Even outside the curriculum there are opportunities for students to develop the Learner Profile Attributes. In the Year 1 class there were students listening, giving directions, reading labels and using non-verbal cues to help others find personal belongings.

This week at home...I encourage you to speak with your child about being Communicators. They understand and express ideas and information confidently and creatively in more than one language and in a variety of modes of communication. They work effectively and willingly in collaboration with others.

Questions to ask your child:

- How have you been an effective Communicator this week?
- How have you been a Communicator at home?
- What are your strengths as a Communicator? (listening, speaking, reading, writing, viewing, presenting and non-verbal communication)
- How could you improve your skills as a Communicator?

Enjoy communicating with your child!

Gemma Leonard
PYP Coordinator

FROM THE MIDDLE SCHOOL.....

LOOKING AT LIFE IN THE RIGHT PROPORTIONS

Investing in and inspiring the next generation is what we do at Navigator College. It is a privilege and of great fulfilment when you see young people running with knowledge, wisdom and skills that equip them for a successful life. One such skill that I am proud to see the Middle School SRC running with, is the ability to choose the proportions that you see life in.

If any one of us examined our lives, we would have both positives and negatives, ideas and issues, dreams and doubts. Every person’s life contains two perspectives, however the proportion in which each individual chooses to see these perspectives is 100% their choice. The amount of energy, the number of words and the allocation of time given to each of these two perspectives is the choice of the individual...

And it is this choice that determines the environment that they reside in: One of positivity, ideas and dreams or one of negativity, issues and doubts. Inevitably we will give each side an allocation of time and energy, but the size of this allocation is your choice.
I was very proud of the Middle School SRC as I dropped into the back of some of their class meetings. As I looked at what they had on the board, and the direction they were leading the discussion I could see they had caught the principle of choosing the proportions. The photos from the Year 8 and 9 class meetings show very well the right proportions. Plenty of space allocated for ideas and dreams … a small amount for issues, or "unpositives" as one student put it.

I am excited by the ideas, dreams, innovations and new ways of thinking that lie within our next generation, and for that matter in every one of us. My encouragement for all this week is to take control of the proportions in your life. Choose the direction for your time, energy and talk such that you get things in the right proportions and enjoy every moment of it.

A quote from Sam Chand via Twitter: “Your abundance is in direct proportion to your gratitude”

Congratulations to those students who received Merit awards at today’s Middle School Assembly! You are the awesome people making a difference in this world.

Andrew Jericho
Head of Middle School

MIDDLE YEARS PROGRAMME (MYP) - WHAT’S IN A QUESTION?

Some might judge a question as a sign of ignorance or the demonstration of a lack of understanding, but like French philosopher Voltaire was quoted for saying, we should ‘Judge a man by his questions rather than by his answers.’ We need to learn to shift our thinking and celebrate the act of questioning and recognise that questioning in itself can demonstrate an incredibly high level of thinking.

Here at Navigator College, our focus on inquiry based learning leads us to focus heavily on modelling and promoting effective questioning as a learning tool. Something we, as an MYP staff, have taken on this year is using a range of carefully developed questions to shape the units of inquiry we have written for our students. These questions range from factual, content based questions, to conceptual and debatable questions which require students to transfer their knowledge and understanding to another context, in turn demonstrating higher order thinking skills. By emphasising the importance of questions within our units of work we are assisting our students to develop as inquirers, one of the life-long International Baccalaureate Learner Profile attributes.

Here is an example of the types of questions our staff are developing to shape MYP units of work. These questions are taken from a Year 6/7 Music unit:

- What are the structures within music that support patterns? (Factual)
- How are patterns used to form music? (Conceptual)
- What is the purpose of pattern in life and in music? (Conceptual)
- Why are patterns important to musicians? (Conceptual)
- How do people respond when there is no pattern? (Debatable)

Through these questions being posed to the Year 6/7 music students, they have come up with some of their own questions. Below are a few examples that demonstrate their own inquiry:

‘Does the pattern in a song change sometimes?’ – Emma D and Sarah B
‘Is there a pattern in every song?’ – Leanna S & Seth A
‘Is a pattern a rhythm?’ – Zach C & Lachlan

Encouragement for the week: When your child asks you a question, try not to give them an answer, instead pose to them another question… and see the inquiry flame spark!

Sarah Smith, MYP Curriculum Coordinator
THE COST OF STUDY!

As you may or may not be aware I teach Year 12 Christian/Pastoral Studies. Under this heading I am able to have some discussions about issues relating to Year 12 study and the costs of that study. I am not talking here about financial cost, although where I go with this discussion could have some ramifications along those lines, but more a time cost - your view depends how you see time – ‘time is money’, ‘time is relative’. I see time as an opportunity cost, what would I be doing if I wasn’t doing this? If I replace this statement with ‘what would I be doing if I wasn’t studying Year 12’ identifies that fact that throughout Year 12 students will have to make choices as to what they are going to do over the course of the year.

At the beginning of the year I asked the students to write down a goal for the year. These ranged from ‘getting an ATAR higher than……’ to ‘completing Year 12’. I suggested to the students that these goals should be continuously visible to the students so that they are constantly reminded of what they want to achieve.

“One day Alice came to a fork in the road and saw a Cheshire cat in a tree. ‘Which road do I take?’ she asked. ‘Where do you want to go?’ was his response. ‘I don’t know,’ Alice answered. ‘Then,’ said the cat, ‘it doesn’t matter.” - Lewis Carroll

We must recognise however that it comes at a cost and the best way to identify the cost and a way of dealing with it is to have a study diary. We all need balance in our life and the use of our time so that we can remain healthy of mind and body and therefore the academic nature of Year 12 will be better met. Diarising our life can give all of us clarity and structure to support our goal attainment, a simple task but one that works. By diarising all the things that we want to do we can see the opportunity cost of doing one thing over another but we can also organise our time effectively. Interestingly, when I asked the students ‘are you on track in achieving your goals?’ a number of them said no! When asked why the number one response from all of these students was ‘I procrastinate.’ Procrastination is by definition a waste of time!

"Until you value yourself, you will not value your time. Until you value your time, you will not do anything with it." ~ M. Scott Peck

Many of our students, your children, need our support, particularly our Year 12 students. Having had 2 children myself complete Year 12, I have to say it is difficult. Please support your children to balance their life at this time. Guide them to have a time for family, a time for socialising, a time for work and a time for study but most importantly allow them to share their goals and aspirations with you and support them on the journey.

This week I introduce Mrs Rhiannon Perkins

Rhiannon Perkins is in her fifth year of teaching, her third at Navigator College. She has taught a variety of subjects throughout her career, but this year is teaching straight English across the Middle and Senior classes; 8A & B English, 10B English, 11 English and 12 English Communications. Rhiannon is also the English Coordinator for the College.

Before coming to Port Lincoln, Rhiannon worked at Whyalla High School teaching English, Drama, Music and SOSE. She was also the Student Services Coordinator at the High School, organising alternative pathways for students, writing and implementing Negotiated Education Plans and providing Career Counselling. Rhiannon is a great asset to the school.

Stuart Cox
Head of Senior School

SERVICE LEARNING TOUR TO INDONESIA
PARENT INFORMATION NIGHT
Tuesday the 25th of March at 7.00pm

The Service Learning Tour to Indonesia will once again be offered this year to the Year 11 Students. We will be holding an information evening for those who have expressed an interest in participating.
Please note:
Middle School students are to remain inside the Homework Centre until a parent comes to collect them.

Homework Centre

Middle School and Senior School Students are welcome to attend our Homework Centre from 3.10pm to 4.30pm Monday to Thursday in Cluster 3

ManageBac Reporting System
Middle/Senior School

Parent Login

Last Monday a parent hand out was sent home to Middle/Senior School parents/caregivers asking them to login to the ManageBac reporting system for the first time. This handout was relevant for those parents/caregivers who were unable to attend the ManageBac information night.

The handout incorporated a step by step procedure manual. If you did not receive this handout, please contact the front office. If you have received the handout but have not been able to complete the login task as yet, please ensure you do so within the next two weeks.

If your email address did not work for the login procedure, our records are incorrect and the below tear off slip was provided to make the amendments.

Thanking you in advance.

My Email address is incorrect; please amend it to the following;
Name: ........................................................ Email address: .................................................................
Student/s name: 1. .................................. 2. .................................. 3. ..................................

Once the form has been processed you will receive a "Welcome Email" with the procedure you must follow. Please then amend your details and change your password.
“To increase the amount of flourishing in your life”
Dr Martin Seligman

At Navigator College we are taking a whole school approach to developing student’s individual strengths as a mean to motivate, ‘enhance the morale’ and encourage student learning at school and beyond. Positive Psychology is based on the theory of wellbeing which consist of the 5 areas abbreviated as PERMA: P – Positive Emotions – being happy with your learning environment, learning and reaching goals. E – Engagement – engaging positive students/ Staff/ Parent at Navigator College. R – Positive Relationship – in the school community and wider. M – Meaning – to learning and experiencing real life. A - Accomplishing - reaching set goals at school and beyond

Build into the PERMA (Positive Psychology) is 24 character strengths which we are aiming to identify within our student cohort within all areas of our Curriculum.

I have recently attended a Positive Psychology conference at Melbourne University in which Dr Martin Seligman (Founder of Positive Psychology) was one of the key note speakers. It was mind changing to hear from so many success stories where this approach was implemented into schools and other institutions. There is a number of schools in Adelaide and nationally involved in implementing this approach to ensure a more positive learning environment for students and staff.

I have drafted a strategic plan for implementation and we are only in the “infant” stage of implementation. This will be a long term plan which will support the positive culture already at Navigator College. I have been introducing positive Psychology to staff through Training and Development sessions every week. Our staff are very eager and heavily engaged in this new approach to enhance teaching and well - being. We have all embarked on this journey as a team and it’s already evident in class rooms (during lessons) and beyond. It is great to see the benefits of this approach unfolding in such a short time since introduction.

We have been introducing Positive Psychology in MS/SS home groups where students are encouraged to write about one positive experience that they encountered during the school day on a post it note. These post it notes are pinned up in a dedicated space which differ between the home groups. Some home groups have a positive tree, others pin up boards with the post it notes in cloud and eagle formations etc. Every home group has their own format of displaying their positive comments which give them ownership. The comments on post it notes range from being happy at school, to what has been taught, goals achieved, about how lovely the school environment is with the new developments, or expressing their gratitude to teachers for assisting and encouraging them during lessons. This happens 3 times a week and the positives are discussed as a home group at the end of each week. We want students to concentrate on the positives happening rather than the negatives. The result of this approach has a ripple effect throughout the student cohort and the overall atmosphere within the school and beyond is one of positiveness, eagerness to learn and joy to be at school. Our aim is to integrate Positive Psychology into our curriculum to ensure that teachers identify student’s strengths and to plan and program accordingly. Students will be given the opportunity to be more successful in their learning which will contribute towards Positive attitudes.

Positive Psychology emphasises education for both traditional skills and happiness. The high prevalence worldwide of depression among the young people (students), a small rise of satisfaction and the synergy between learning and positive emotion all argue that the skills for happiness should be taught at school.

Good reasons for implementing Positive Psychology/ Education at school is to increase the happiness of students towards their learning which will then enhance learning. Positive mood produces broader attention, more creative thinking and more holistic thinking. This in contrast to a negative mood, which produces narrowed attention, more critical thinking and more analytic thinking. I know that both positive – and negative ways of thinking are important in the right situation, but all too often schools emphasise critical thinking and traditional teaching rather than creative - inquiry thinking which leads to effective learning and engagement of students. To teach Positive Psychology/Education at school leads to a more positive school community which will lead to positive relationship building between students, staff, parents and the wider community. As a Lutheran School, we believe that if we link this approach to Our Christian beliefs and Lutheran Ethos, it will therefore improve the whole school community’s approach to positive relationships.

I am very excited to drive the implementation of Positive Psychology at Navigator College and for being the first school on the Eyre Peninsula to pioneer this approach to enhance well-being, learning and relationship building within and beyond the school.

Closing with a quote: “Happiness is a journey. Not a destination”

Mr Francois Pienaar
Student Development Coordinator
Open Day

Tuesday the 1st of April
from 9.00 am

Tours will be conducted hourly until 12.00 pm.

See our empowering academic curriculum in practice and how we inspire our students to be active life long learners. Interested families are encouraged to use this opportunity to tour the College.
Dear Parent/Caregiver,

The Navigator College Fundraising Committee is seeking donations from our families for our annual fundraiser for 2014 “Night of Nights”.

Examples of goods and services that could be donated are:
- Gift vouchers
- 2 hours of service by a qualified Electrician
- Haircut by qualified hairdresser
- Accommodation

If you have any goods or a service you are willing to donate please pledge your donation on the tear off slip below and return it to the front office before Friday 28th of March. All information supplied is confidential. Your donation will be greatly appreciated.

Donation: ........................................................................................................... Approx. Value $: ........................................

Donated by (name): ........................................................................... Phone Number: ..............................................................................

We want parents to have a say in the new look Night of Nights this year!

We are looking to form a Parent Committee to coordinate this event. If you are interested in being involved in this exciting event, we would welcome your help and suggestions.

Please come along to our first meeting on Wednesday the 2nd of April.
Aboriginal Family Support Services are currently seeking Foster Carers,
If you can provide a loving, stable, nurturing home environment and can offer Emergency, Respite,
Short Term or Long Term Care.
Please Contact Lee Sutcliffe on 8683 1909

COME JOIN US

SUNDAY FUNDAY

UNITY HILL
63 New West Road 10-11.30
Sunday 23rd March

Face Painting, games, crafts, pancakes
Obstacle course and tiny tots spots

CARE FOR ONE ANOTHER

Aboriginal Family Support Services
Together with the Community

Aboriginal Family Support Services are currently seeking Foster Carers,
If you can provide a loving, stable, nurturing home environment and can offer Emergency, Respite,
Short Term or Long Term Care.
Please Contact Lee Sutcliffe on 8683 1909

Registration Day for Lincoln South Eagles
Football Club
will be held this Saturday, March 22nd at
the clubrooms,
Tennant Street from 3pm

Food and drinks will be available with special entertainment for the kids and free giveaways.
All current and interested players are welcome to come along, particularly any 7+ year olds wanting to start in the under 9s competition.
Contact Brenton Dennis on 0428816186.